**Training in the Care of People** with Cognitive Impairments

LEARN HOW TO DEVELOP **ACTIVITIES FOR ADULTS WITH** MILD TO MODERATE LEVELS OF **DEVELOPMENTAL DISABILITIES** 

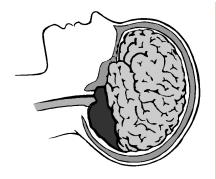
A STEP BY STEP GUIDE TO DEVELOP ACTIVITIES

Approved for 7 cpd units by **ODDD** under Approval #1000100-1



Activities can be educational as well as fun . Activities of daily living, leisure, recreational, and vocational activities and skills can be taught using games, themes, humor and adaptations to allow individuals to participate to the best of their ability.

Everyone can learn, but people vary in their speed and manner of learning. Since we all process information through our sensory systems, teaching to one's preferred sensory modality is one way to offer information to an individual. Sensory or learning modalities are part of how we take in and learn information. Using an individual's preferred learning modality should be Included when planning engaging and meaningful activities.



@dementia-help.com

# APPRO

# **Finding** Meaningful **Activities**

For Adults with Mild to Moderate Levels of **Developmental Disabilities** Class Workshop

July 19, 2013

8:30 am to 4:00 pm

# **Holiday Inn**

7007 N. High Street Worthington, Ohio (Directions will be sent upon registration)



Mail Registration to: A.I.D. Training PO Box 1363 Medina, Ohio 44258 330-723-8838

Fax: 330-722-2704

4aid@dementia-help.com

# **SPEAKER**



Cindy Holland, M.S. has been working with people with varying disabilities for over 20 years and is a devoted advocate for her friends with disabilities. She has a Master's Degree in both Special Education and Outdoor Education and has a Certificate in Recreational Therapy. She was instrumental in bringing the Snoezelen® Multi-Sensory concept to the forefront in the US for individuals with developmental disabilities and older adults with dementia. She was a presenter at the 3rd World Snoezelen® Conference in 1999. Her company, Holland Consultants develops and implements Snoezelen® activities for older adults with dementia and individuals with developmental disabilities. publications may be read in the Activity Director's Quarterly Journal. She currently teaches Introduction to Developmental Disabilities at Wayne College, a division of the University of Akron.



# **AGENDA**

8:00 am—8:30 am Registration

### 8:30 am—10:00 am

Learning Styles and Preferred Modality: Learn the characteristics of and how to determine and apply one's learning modality in the construction of activities.

10:00 am—10:15 am

Break

### 10:15 am—12:00 noon

Planning Meaningful Activities: Using sensory activities, themes, special events, and Montessori theme charts, learn how to develop meaningful activities of daily living such as basic skills, current events, cooking, grooming and self-image.

### 12:00 noon—1:00 pm:

Lunch on your own.

### 1:00 pm—2:30 pm

Laughter is the Best Medicine: Learn to use different types of humor in games. View various comedians with disabilities; Enjoy humorous activity idea handouts, games and examples.

# 2:30 pm—2:45 pm

Break

## 2:45 pm—4:00 pm

Assistive Technology and Adaptations: Learn to write goals and objectives for documentation using aptitude inventories, interest surveys, reinforcement inventories, activity charts, activity outlines, sensory charts, and engagement sheets.

This training has been approved for 7 cpe units by ODDD for AS/DH, EI, IA, SSA, Supt/Asst. Supt (Services/Programs/Supports Steam), and County Board Members;

# **REGISTRATION**

\$125.00 by 7/7/13 \$135.00 after 7/7/13 NO REFUNDS AFTER 7/7/13

Name:
Address:
Phone:
r none.
Email:
Amount Enclosed:
OR Purchase Order #:

Complete, detach and mail registration form with your check to the address below:

A.I.D. Training PO Box 1363 Medina, OH 44258 330-723-8838

(Directions will be sent upon registration)

OHIO DODD APPROVED
7 CEC/CPD UNITS

330-723-8838 4aid@dementia-help.com